Welcome to the Westport Parks and Recreation *Indoor Football* program. This program is run by the State Champions Staples High School Wreckers Football Staff. Head Coach Marce Petroccio leads the way instructing players grades 3 – 8 in the fundamentals and skills needed to excel in the game of football. This activity is offered for both boys and girls, and for those children who have participated in the fall Westport P.A.L. Flag Football program. Instruction will include blocking, passing, running, offense and defense.

## **GENERAL PROGRAM INFORMATION**

The Indoor Football program takes place in the <u>Staples High School Fieldhouse</u> from 11:00 am -1:00 pm on the following dates:

Sundays, January 4 – February 8 11:00 am – 1:00 pm

**FB11** 

January 4, 11, 18, 25, February 1, 8
\*Any cancellations due to weather will be made up on February 22<sup>nd</sup>

The Staples High School Coaching Staff and players will be your instructors and every participant will receive a T-shirt.

## WHAT TO BRING

• Comfortable attire should be worn such as a T-shirt with shorts or sweatpants. Sneakers are mandatory and cleats are not allowed. While this is limited contact football, a mouthpiece is required.

## **INCLEMENT WEATHER**

Even though this activity takes place indoors, inclement weather could cancel the program. Please contact our cancellation line at **341-5074** to keep up to date on program cancellations.

## **GENERAL RULES**

- All participants are expected to respect each other and the staff. Discipline problems will not be tolerated and are cause for immediate dismissal and no refund.
- At the end of each class, be sure to pick up all personal belongings. There is no lost and found.
- There is no food or drink allowed in the Fieldhouse.

The Westport Parks and Recreation Department wants this to be an enjoyable experience for all participants. Please take the time to read this information with your child.